How is your energy?

ENERGY		
OPENESS		
FOCUS		

Energy: 1 means "exhausted"
10 means "best I have ever felt"

Openness: 1 means, "convince me"
10 means "excited about new ideas – even if they don't fit with what I already know or believe.

Focus: 1 means "my mind is already elsewhere today"
10 means, "I am fully focused on what we are here to do – I have put things aside"

Learning Opportunity =

Energy x Openness x Focus
(max 1000)

My number are:

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